

# Eastern Suburbs Cricket Academy

## Academy Training Schedule 2008/09

### Pre-Christmas Program...(Phase 1)

<b>Date</b>	<b>Time</b>	<b>Session</b>	<b>Venue</b>
20/10 - Mon	5:30 – 7:00	Introduction Session Net Session	SCG Auditorium SCG Indoor
27/10 - Mon	5:30 – 7:00	Skills / Conditioning	Waverley Oval
3/11 – Mon	5:30 – 7:00	Skills / Conditioning	Waverley Oval
11/11 - Tue	5:00 – 6:30	Grade Session	Waverley Oval
17/11 - Mon	5:00 – 6:30	Nets / Video Analysis	SCG Indoor
24/11 - Mon	5:30 – 7:00	Video Review / Skills	SCG Indoor
1/12 - Mon	5:30 – 7:00	Nets & Fielding	Waverley Oval
9/12 - Tue	5:00 – 6:30	Grade Session	Waverley Oval
15/12	5:30 – 7:00	Skills & Modified Games	Waverley Oval

*Please Note: Times and venues are subject to change depending on weather and availability of SCG Indoor.*