



Cric Hit Program

2010 - 2011

Overview

The aim of the program is to provide girls aged 8-16 years with the knowledge and skills to participate in a variety of competitive and non competitive environments. Crichit provides participants with physical fitness, knowledge and understanding of strategies within the game and social skills that promote acceptable standards of behaviour. The program also enhances positive relationships with others and a positive attitude towards the game. Crichit encourages girls with various skill levels to come together and contribute to a team effort.

Program Information

The program will initially run during Term 1 of the school year on a Monday evening from 5 -6:30pm. The program will then recommence in Term 4 and conclude at the end of Term 1 with a break during the December – January school holidays.

Registrations are currently being accepted for girls aged 8-16 years

Other opportunities

- The program allows participants to be involved in on ground entertainment at various women's state games.
- Holiday camps will be offered during January to assist participant's individual skills through more one on one coaching.
- A twilight competition will run in Term 4 2010 and or Term 1 2011 on a separate night to the Crichit skills. (Schools may also enter their own teams or girls can play in the Eastern Suburbs Crichit team)
- Girls can also play in the South Eastern Junior Cricket Association

If you are interested in enrolling your daughter in the program please contact Liz Jackson via email at liz.jackson@eastscricket.com.au or via phone on 0404 850 334